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PATENT APPLICATION

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METHODS AND TOOLS FOR  
FEMORAL RESECTION IN KNEE SURGERY

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This application is related to Patent  
10 Application Serial Number 09/811,272, filed March 17,  
2001, entitled "Tools Used In Performing Femoral And  
Tibial Resection In Knee Surgery"; Patent Application  
Serial Number 09/811,043, filed March 17, 2001, entitled  
"Methods Used In Performing Femoral And Tibial Resection  
15 In Knee Surgery"; Patent Application Serial Number  
09/811,042, filed March 17, 2001, entitled "Systems Used  
In Performing Femoral And Tibial Resection In Knee  
Surgery"; Patent Application Serial Number 09/811,318,  
filed March 17, 2001, entitled "Apparatus Used In  
20 Performing Femoral And Tibial Resection In Knee Surgery"  
and Patent application Serial Number 09/746,800 filed  
December 23, 2000, entitled "Methods and Tools For  
Femoral Resection In Primary Knee Surgery", the complete  
disclosures of which are hereby incorporated by reference  
25 herein.

## BACKGROUND OF THE INVENTION

### 1. Field of the Invention

5           The invention relates to methods and tools used in knee arthroplasty. More particularly, the invention relates to methods and tools used in knee surgery where artificial femoral and tibial components are installed.

### 2. Brief Description Of The Prior Art

10           Total knee arthroplasty involves the replacement of portions of the patellar, femur and tibia with artificial components. In particular, a proximal portion of the tibia and a distal portion of the femur  
15           are cut away (resected) and replaced with artificial components.

20           As used herein, when referring to bones or other body parts, the term "proximal" means closest to the heart and the term "distal" means more distant from the heart. When referring to tools and instruments, the term "proximal" means closest to the practitioner and the term "distal" means distant from the practitioner.

25           There are several types of knee prostheses known in the art. One type is sometimes referred to as a "resurfacing type". In these prostheses, the articular surface of the distal femur and proximal tibia are "resurfaced" with respective metal and plastic condylar-

type articular bearing components.

The femoral component is a metallic alloy construction (cobalt-chrome alloy or 6Al4V titanium alloy) and provides medial and lateral condylar bearing surfaces of multi-radius design of similar shape and geometry as the natural distal femur or femoral-side of the knee joint.

One important aspect of these procedures is the correct resection of the distal femur and proximal tibia. These resections must provide planes which are correctly angled in order to properly accept the prosthetic components. In particular, the resection planes must be correctly located relative to three parameters: proximal-distal location, varus-valgus angle, and flexion-extension angle.

Moreover, following distal resection, the femur must be shaped with the aid of a cutting block. The cutting block must be correctly located relative to internal-external rotation, medial-lateral position, and anterior-posterior position.

Recently, various computerized systems have been introduced to aid the practitioner during different surgical procedures. A typical system is described in the attached Appendix.

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These systems include multiple video cameras which are deployed above the surgical site and a plurality of dynamic reference frame (DRF) devices, also known as trackers, which are attached to body parts and surgical instruments. The trackers are generally LED devices which are visible to the cameras. Using software designed for a particular surgical procedure, a computer receiving input from the cameras guides the placement of surgical instruments.

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The prior art instruments used for determining the correct planes for tibial and femoral resection in total knee arthroplasty are not well suited for use with computerized systems. The known tools utilize either intra-medullary alignment or extra-medullary alignment and adjustment of the degrees of freedom simultaneously is difficult or impossible. Moreover, in order to be useful with computer aided navigation systems, trackers must be attached to the tools. Existing tools do not permit the attachment of trackers.

#### SUMMARY OF THE INVENTION

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It is therefore an object of the invention to provide methods and tools for performing femoral resection.

It is also an object of the invention to provide methods and tools for femoral resection which allow location of a cutting guide relative to six parameters.

It is another object of the invention to provide methods and tools for femoral resection which are infinitely adjustable.

It is still another object of the invention to provide methods and tools for femoral resection which are adapted to be used with computer aided navigation systems.

In accord with these objects which will be discussed in detail below, the tools according to a first embodiment of the present invention include an anchoring device for attachment to the femur and, a three-way alignment guide attachable to the anchoring device and adjustable relative to three parameters, a resection guide attachable to the alignment guide and equipped with couplings for trackers, an adjustable anterior-posterior sizer, a distal-proximal medial-lateral positioning guide, a medial-lateral cam lock, an anterior-posterior positioning guide, a femoral sizing block bushing, and femoral cutting guide.

5 The tools according to a second embodiment of  
the present invention include an anchoring device for  
attachment to the femur and, a six-way alignment guide  
attachable to the anchoring device and adjustable  
relative to six parameters, a pivotal 5-in-1 positional  
alignment jig attachable to the alignment guide and  
equipped with couplings for trackers, a pair of mounting  
diodes attachable to the epicondylar region of the femur,  
10 and a 5-in-1 cutting guide mountable on the diodes.

15 A first embodiment of the methods of the  
invention includes operating the computer aided  
navigation apparatus in the conventional manner including  
attaching one or more trackers to the bone to be  
resected; choosing a location for the anchoring device  
with or without guidance from the computer and installing  
the anchoring device; attaching the three-way alignment  
guide to the anchoring device; attaching a resection  
20 guide to the alignment guide; attaching one or two  
trackers to the resection guide; locating the resection  
guide with the aid of the alignment guide and the  
computer; fixing the resection guide to the bone with  
pins through the rotatable pin guides; and resecting the  
25 bone.

After the bone is resected, the adjustable  
anterior-posterior sizer is used to size the femur.

Next, the distal-proximal medial-lateral positioning guide, medial-lateral cam lock, anterior-posterior positioning guide, and femoral sizing block bushing are attached to the alignment guide.

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The distal-proximal medial-lateral positioning guide, medial-lateral cam lock, and anterior-posterior positioning guide, when attached to the three-way guide, convert the three-way guide into a six-way guide. A tracker is preferably attached to the femoral sizing block bushing. The position of the bushing is adjusted in proximal-distal, varus-valgus, medial-lateral, and anterior-posterior directions. Two holes are drilled using the bushing as a guide. The femoral cutting guide is attached to the holes and the anterior and posterior cuts and chamfer cuts are made.

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A second embodiment of the methods of the invention includes operating the computer aided navigation apparatus in the conventional manner including attaching one or more trackers to the bone to be resected; choosing a location for the anchoring device with or without guidance from the computer and installing the anchoring device; attaching the six-way alignment guide to the anchoring device; attaching the pivotal 5-in-1 positional alignment jig to the alignment guide; attaching a tracker to the jig; positioning the jig in the varus-valgus, flexion-extension, internal-external rotation, distal-proximal, and anterior-posterior

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directions; drilling four holes in the epicondylar region using the jig as a guide; removing the jig, the alignment guide, and the anchoring device; installing a pair of diodes in the epicondylar region with screws in the holes; and mounting the 5-in-1 cutting guide on the diodes.

The 5-in-1 cutting guide is then used to perform all of the femoral cuts as described in previously incorporated application serial number 09/746,800.

#### BRIEF DESCRIPTION OF THE DRAWINGS

FIG. 1 is a broken perspective view of the distal femur with an anchoring device according to the invention;

FIG. 2 is a side elevational view of the anchoring device installed in the distal femur;

FIG. 3 is a perspective view of the anchoring device installed in the distal femur with a three-way alignment guide according to the invention not yet attached to the anchoring device;

FIG. 4 is a view similar to FIG. 3 showing the alignment guide attached to the anchoring device;



FIG. 5 is a perspective view showing a first embodiment of a resection guide according to the invention not yet attached to the three-way alignment guide;

FIG. 6 is a perspective view showing a first embodiment of a resection guide according to the invention attached to the three-way alignment guide;

FIG. 7 is a side elevational view showing a first embodiment of a resection guide according to the invention attached to the three-way alignment guide;

FIGS. 8 and 8A are perspective views of an anterior-posterior sizer;

FIG. 9 is an exploded perspective view of the distal-proximal medial-lateral positioning guide, medial-lateral cam lock, anterior-posterior positioning guide, and femoral sizing block bushing;

FIG. 10 is a plan view of the distal-proximal medial-lateral positioning guide, medial-lateral cam lock, anterior-posterior positioning guide, and femoral sizing block bushing coupled to the alignment guide;

FIGS. 11 and 12 are perspective views of the distal-proximal medial-lateral positioning guide, medial-lateral cam lock, anterior-posterior positioning guide,  
5 and femoral sizing block bushing coupled to the alignment guide;

FIG. 13 is a side elevation view of the distal-proximal medial-lateral positioning guide, medial-lateral cam lock, anterior-posterior positioning guide, and femoral sizing block bushing coupled to the alignment  
10 guide;

FIGS. 14 and 15 are perspective views of a femoral cutting guide;  
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FIG. 16 is an exploded perspective view of a pivotal 5-in-1 positional alignment jig and five-way alignment guide;  
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FIGS. 17-19 are perspective views of the pivotal 5-in-1 positional alignment jig and five-way alignment guide coupled to the anchoring device;

FIG. 20 is a perspective view of a pair of diodes coupled to the epicondylar region of the femur;  
25 and

FIG. 21 is a perspective view of a 5-in-one cutting block mounted on the diodes.

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#### BRIEF DESCRIPTION OF THE APPENDIX

The attached ten page Appendix describes the parts and assembly of a computer navigation system suitable for use with the invention.

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#### DETAILED DESCRIPTION

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Turning now to the Figures, the apparatus of the invention will be best understood by a description of the methods of the invention with reference to the Figures. As shown in Figures 1 and 2 an anchoring device 10 is installed in the bone 1 in a region proximal to the lateral anterior cortex and within the incision. The location for the anchoring device may be chosen by eye or with the aid of the tracking/navigation software, with an emphasis on paralleling the anchoring device body to the sagittal plane. As shown in the Figures, the anchoring device 10 is a pin which is screwed into the bone. Other anchoring devices such as plates could be used, however.

With the anchoring device 10 in place, the alignment guide 12 is lowered on to it as shown in Figures 3-5. As seen best in Figure 5, the alignment guide 12 has three cam locks 12a, 12b, 12c. The cam lock

12a allows the alignment guide to be adjusted according to flexion-extension angle relative to the anchoring device 10. The cam lock 12b allows the alignment guide to be adjusted according to varus-valgus angle relative to the anchoring device 10. The cam lock 12c opens the end of the alignment device to receive the resection guide 14 shown in Figures 5-7 and also allows for distal-proximal adjustment.

Referring now to Figures 5-7, the resection guide 14 has a cutting guide surface 14a, an attachment rod 14b, a pair of connectors 14c, 14d for connecting trackers (not shown), a pair of rotatable pin guides 14e, 14f, and a pair of fail safe mounting bores 14g, 14h. The resection guide 14 is attached to the alignment guide 12 by opening cam lock 12c and inserting the attachment rod 14b into the alignment guide. It will be appreciated that the cam lock 12c allows proximal-distal positioning of the resection guide 14. After the resection guide 14 is attached to the alignment device 12, a tracker is attached to the guide 14.

With the tracker attached, the first cam lock 12a is opened and the resection guide is moved in the varus-valgus plane until the navigation software indicates the proper alignment. The cam lock 12a is then locked. Cam lock 12b is unlocked and the resection guide is moved in the flexion-extension plane until the navigation software indicates the proper alignment. The

cam lock 12b is then locked.

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5 Lastly, the cam lock 12c is opened and the resection guide is positioned in the proximal-distal plane until the navigation software indicates the proper alignment. The cam lock 12c is then locked. With the resection guide properly located, it may be affixed to the bone with pins (not shown) via the rotatable pin guides 14e, 14f. The pin guides are rotatable so that the practitioner may choose the best site for inserting a pin. The next step in the procedure is to resect the distal end of the femur using the resection guide 14.

15 Those skilled in the art will appreciate that if the anchor pin 10 is not substantially parallel to the sagittal plane, the steps may need to be repeated to tune out error introduced by the misaligned anchor pin. One possible solution is to install the pin with a drill having an attached tracker thereby allowing the navigation software to guide the placement of the pin.

20 Following distal femoral resection, the femur is sized using either of the following methods:

25 1) Conventional sizing using either the Monogram or X-celerate sizing guides is performed. Surface digitization of the posterior condyles must be performed by the surgeon using the pointer by running the

pointer tip over the posterior condylar bone and/or  
cartilage. The sizing guide is placed flush on the  
resected distal femur with the posterior skids against  
the posterior condyles. Either the sizing stylus or  
blade runner (or saw blade) is used to measure the most  
prominent aspect of the femoral lateral cortex. The  
femoral sizing block bushing can now be navigated.

An exemplary sizing guide 15 is shown in  
Figures 8 and 8a. The adjustable A-P sizer 15 sets  
internal-external rotation and also allows an AP movement  
of +/-2mm. This instrument is used after the femoral  
distal cut is performed. The feet 15a, 15b are inserted  
under the posterior condyles. The jig is allowed to move  
through six degrees either internally or externally as  
shown by the indicia between the letters "L" and "R".

A blade runner is introduced into one of the  
slots (labeled in 3, 5, 7, 9, 11, and 13mm). The slot  
selected is the one that gives the required run-out  
anteriorly. If the surgeon is in between sizes, if he  
goes down a size, he will notch the femur, or if he moves  
up a size he will leave a gap. The jig allows the  
surgeon to obtain the optimal position.

2) Alternatively, software algorithms are used to size the femur. Surface digitization of the trochlear groove (patella track) and posterior condyles are performed by the surgeon using the pointer by running the pointer tip over the posterior condylar bone and/or cartilage. Digitized data is analyzed in the sagittal plane. Direct correlation to (or matching of) the correct femoral component is achieved via the software coding/algorithms. The surgeon will be able to visualize the matching on the operating room computer monitor (graphical interface). Sizing is complete using solely digitization methods. The femoral sizing block bushing can now be navigated.

Turning now to Figures 9-13, after the distal femur is resected and sizing is completed, the appropriately sized femoral sizing block bushing 16 is attached to the alignment guide 12 using an anterior-posterior positioning guide 18 having a cam lock 18a, a medial-lateral cam lock 20, and a distal-proximal medial-lateral positioning guide 22. The bushing 16 has a vertical shaft 16a, a pair of drill guides 16b, 16c, and a tracker coupling 16d. The vertical shaft 16a is inserted into the anterior-posterior positioning guide 18 which is coupled to the medial-lateral cam lock 20 which is slidably coupled to the distal-proximal medial-lateral

positioning guide 22.

5 A tracker (not shown) is coupled to the coupling 16d. Using the cam locks, the distal-proximal position is set by manually presenting the bushing 16 to the resected face of the femur. The internal-external rotation is navigated and the cam lock is locked on the positioning guide. The medial-lateral positioning of the bushing is navigated and locked using the medial-lateral cam lock 20. Finally, anterior-posterior positioning is navigated and locked with the cam lock 18a. Verification of the navigated position is done in conjunction with the screens on the computer. Once satisfied with the navigated position, two holes are drilled through the drill guides 16b, 16c. The complete anchoring mechanism is removed and the appropriate femoral cutting block is attached.

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20 Figures 14 and 15 illustrate an exemplary cutting block 24. The cutting block 24 has a pair of pins 24a, 24b which are impacted into the holes drilled with the bushing 16 (described above).

25 Additional fixation holes 24c-24f are provided for optional fixation with pins. The cutting guide has four guiding surfaces: the anterior cut guiding surface 24g, the posterior cut guiding surface 24h, the anterior





After the femur is digitized as described above with reference to the first embodiment, the components are assembled as shown in Figures 17-19. A tracker (not shown) is attached to one of the set screws 28b, 30b.

Using the various CAM locks, the medial and lateral drilling guides 28, 30 are positioned in the following directions in the following order: varus-valgus, flexion-extension, internal-external rotation, distal-proximal, and anterior-posterior directions.

More particularly, the sequential locking of the guide begins with flexion-extension. The cam lock 12b is opened and the jig is navigated until the recommended position is reached. Once reached, the flexion-extension cam lock 12b is engaged.

Next, varus-valgus lock 12a is opened and flexion-extension is navigated. The jig is navigated until the recommended position is reached. Once attained, the varus-valgus cam lock 12a is engaged. Next, internal-external rotation is navigated.

The cam lock 12c is opened and the jig is navigated until the recommended positions are reached.

Once attained, the internal-external rotation and distal-proximal translation are engaged. Next, anterior-posterior positioning is navigated. The cam lock 18a is opened and the jig is navigated until the recommended position is reached. Once attained, the anterior-posterior cam lock 18a is engaged. The medial-lateral positioning is not performed until the 5-in-1 cutting guide is attached as described below with reference to Figure 21.

After the drilling guides are positioned, four holes are drilled into the epicondylar region using the drill guides 28c, 30c. All of the devices are then removed from the femur.

*ai* Referring now to Figure 21, a pair of diodes 32, 34 are installed in the epicondylar region with screws (not shown), in the holes which were drilled in the previous step, using a screwdriver 36.

Turning now to Figure 21, a 5-in-1 cutting guide 38 is mounted on the diodes as described in previously incorporated application serial number 09/746,800. Prior to fixing the cutting guide with pins, the medial-lateral position of the guide is fine tuned by the surgeon. The 5-in-1 cutting block is then pinned in position and is used to perform all of the femoral

cuts as described in previously incorporated application  
serial number 09/746,800.

*ca* There have been described and illustrated  
5 herein methods and tools for resection of the distal  
femur. While particular embodiments of the invention  
have been described, it is not intended that the  
invention be limited thereto, as it is intended that the  
invention be as broad in scope as the art will allow and  
10 that the specification be read likewise. For example,  
the first two positioning steps may be reversed in  
sequence, provided that the navigation software is  
suitable modified. Moreover, the clamps on the alignment  
guides need not be cam locks, but could be other types of  
15 clamps. Although the apparatus has been described as  
separate pieces (e.g. the anchor, the alignment guide,  
and the resection guide), it could be two pieces or a  
single piece. In general, the methods and tools of the  
invention could be used with other joints other than the  
20 knee. It is believed that the methods and tools could be  
used in arthroplasty of the hip, shoulder, elbow, etc.

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